

IMPORTANT NOTICE TO ALL STAFF

Please tell your supervisor immediately if you have flu symptoms.

Flu symptoms include fever, headache tiredness, dry cough, sore throat, nasal congestion and body aches.



1

COVER YOUR COUGH AND SNEEZE

- ♦ Use tissue to cover your mouth and nose when you cough or sneeze
- ♦ Drop your used tissue in a waste basket
- ♦ You may be asked to wear a mask if you are coughing or sneezing.



2

CLEAN YOUR HANDS

- ♦ Wash your hands with soap and warm water or clean with gels with alcohol
- ♦ Cleaning your hands often keeps you from spreading germs.

For more information, visit www.kchdvw.org/h1n1
or call (304) 344-KCHD.