

# IMPORTANT NOTICE TO ALL PARENTS

**Please tell school immediately if your child has flu symptoms.**

Flu symptoms include fever, headache tiredness, dry cough, sore throat, nasal congestion and body aches.



# 1

## COVER YOUR COUGH AND SNEEZE

- ♦ Use tissue to cover your mouth and nose when you cough or sneeze
- ♦ Drop your used tissue in a waste basket
- ♦ You may be asked to wear a mask if you are coughing or sneezing.



# 2

## CLEAN YOUR HANDS

- ♦ Wash your hands with soap and warm water or clean with gels with alcohol
- ♦ Cleaning your hands often keeps you from spreading germs.

For more information, visit [www.kchdvw.org/h1n1](http://www.kchdvw.org/h1n1) or call (304) 344-KCHD.

