



DID YOU WASH YOUR HANDS?

- Wash hands with liquid soap under warm running water for at least 20 seconds.
- Wash hands thoroughly, paying special attention to germs that may be trapped under nails and in crevices.
- Rinse well to remove all traces of soap.
- Dry with paper towels.
- Use a paper towel to turn off the faucet after washing hands.
- Allow hands to dry thoroughly after cleansing before contact with anything else.

clean

Your health is in your[^]hands



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